

# outline



Out with discrimination, in with  
acceptance and support

Do you have questions about sexuality  
or gender identity?

Outline can help



Working out and understanding your own  
sexuality or gender identity is not always easy.



The first step many people can take is to accept themselves for who they are and how they feel. This takes time and can be stressful.

If you would like to talk to us about issues relating to your sexuality or gender identity, or you wish to understand and support someone close to you. Contact Outline's Helpline service, where our trained volunteers are on hand to provide confidential information and support.



For information or support:

**01483 727667**

**Helpline@outlinesurrey.org.uk**

**Charlie@outlinesurrey.org.uk**

**<https://outlinesurrey.org.uk>**

Support is available on

Sunday's, Tuesday's and Thursday's 19:30-22:00

Use the contact form on our website

Send us an Email/Use Online Chat

Outline is a charity registered in England and Wales (1080970) Postal Address: Outline, PO Box 21, Woking, GU21 6ZH

