



# outline

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Out with discrimination,  
in with acceptance and support




## Volunteer for Outline

Are you ready for a challenge?

Are you positive about sexuality and gender identity?

Are you aware of the discrimination and struggles people go through with their sexuality and gender identity?





## Why volunteer?

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If you have an understanding of Sexuality and Gender Identity and have an empathy with some of the difficulties this can bring e.g. having a same sex oriented relationship or struggling with an alternative gender identity then volunteering for Outline could be for you.

Outline provides an information and support helpline based in Surrey, providing telephone and email support on sexuality and gender identity. Our helpline support service provides a listening and information service to people.

## What are some of the topics people contact Outline support service for?


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- A person's sexuality or gender identity
- Someone questioning their sexuality or gender identity
- A parent supporting their child with sexuality
- A partner of someone questioning their sexuality or gender identity
- Sexual Health
- Mental Health

## I am familiar with the terms Lesbian, Gay, Bisexual, Transgender (LGBT) why do Outline talk about sexuality and gender identity?

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Outline acknowledges that sexuality and gender identity are very personal and can be complex, so rather than using specific labels we like people to talk about how they feel and use terms and labels relevant and appropriate to how they wish to identify.



# What is the volunteering commitment?

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Volunteering is a unique experience that many people undertake for many different reasons. We are sure your reason will be equally unique.

From as little as one evening a month to several shifts a week you can volunteer as little or as much as you would like.

## **Helpline:**

The Helpline support service runs three evenings a week (Sunday, Tuesday, Thursday) we ask each volunteer for two evenings a month in our office in Woking; with some additional time every so often to read e-mail's and attend training.

## **Outcrowd:**

One evening a month (usually a Friday night) with some additional time every so often to read e-mail's and attend training.

## **Outline Office:**

From every day to once a month in the Outline office in Woking or even volunteering from home; volunteers help the charity run behind the scenes and support the trustees to manage the charity.

## **Outline Management Committee:**

A formal committee meeting every six weeks, with regular activity from home throughout the month at a time that suits you.

# What is in it for me?

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By volunteering for Outline you could be helping to improve the quality of life for people coming to terms with their sexual orientation or gender concerns, letting them know that they are not alone.

Volunteering could enrich your own life potentially increasing your self-esteem and confidence, giving you new skills and experience which could be of use to you in other aspects of your life or career. Another benefit of volunteering is the opportunity to meet new people and make new friends. Ultimately, we hope that volunteering for Outline will give you a genuine sense of accomplishment and will be something that you will really enjoy doing.



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## Who can volunteer?

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- Outline will look at all applications on their merits.
- We are interested in the skills you bring to Outline, your training will cover the details of sexuality and gender identity that you will need to know so a depth of knowledge is not required.
- If you're interested in volunteering please visit our website:  
[www.outlinesurrey.org.uk/volunteering](http://www.outlinesurrey.org.uk/volunteering)

Contact our Helpline:

**01483 727 667**

[www.outlinesurrey.org.uk](http://www.outlinesurrey.org.uk)

[www.outlinesurrey.org.uk/outcrowd](http://www.outlinesurrey.org.uk/outcrowd)

[www.bgiok.org.uk](http://www.bgiok.org.uk)

